

أول ثانوي

**فصل أول \ الوحدة
الاولى**

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Student's Book

A healthy and active brain

A : Do you know what happen in our brain when we sleep?

B :

A : What do you think are the health benefits of sleep ?

B :

A :Do you think enough sleep makes you active during the day?

B :

1 : Which words refer to body? Which words associated with sleep ?

Brainwave , eyelids , heartbeat ,

Immune system , muscle , REM

Soundly .

Body	Sleep

Arabic meaning : -

1 : essential.....part of life rest.....completely.....

2 : busy.....period.....scientists.....information.....

3 : stored.....reducing.....stress.....keeping

4 : heart.....memory.....identify.....

معاني صفحه (6) : Match Same meaning

- | | |
|--|---------------|
| 1 : immune to disease cannot catch it | soundly |
| 2 : skin cover eye when it close..... | brainwave |
| 3 : part of body to move | heartbeat |
| 4 : rapid eyes movement | REM |
| 5 : Sound of heart | muscle |
| 6 : electrical force produced by brain | eyelids |
| 7 : deeply of sleeping | immune system |
-



The importance of sleep

Sleep is an essential part of life . Although we think of sleep as a time when we rest completely it's actually a very busy period for the brain. Scientists claim that sleep is the time when information is stored and stored by the brain Sleep is important for reducing stress and keeping the heart , the immune system and the memory healthy .Scientists have already identified five sleep stages by studding brainwaves , Stage 1 is when we begin to fall asleep. The brain tells the muscles to relax and the heart to beat slowly . (2)

This stage makes up about 5% of a young adults sleeping time . Stage 2 is a period of deeper sleep ,The heartbeat and breathing become slower , This stage makes up about 44% to 55% of a young adult's sleeping time .

Stage 3 and 4 are when we sleep most soundly , Now the brainwaves and heartbeat are at their slowest and our muscles become very relaxed . We might have some dreams in this stage , which makes up about 15% to 23% of a young adult's sleeping time .Stage 5 is called the REM (Rapid Eye Movements)stage .Although our body is resting , our eyes are moving very quickly beneath our eyelids during this stage , Our heartbeat and breathing become faster and this is when dreams are most frequent ,This stage makes up about 20% to 25% of a young adult's sleeping time .

1 :According to the text " write down the benefits of sleeping :-

.....

2. How do the scientists know about the five sleep stages ?

.....

3. When do the heartbeat and breathing become faster ?

.....

4. What does this word mean " REM " ?.....

5. What does the brain do when we sleep?.....

6. Quote the sentence, which shows that our brains when we sleep aren't free .

.....

7. "The time when we sleep is actually a very busy period for the brain ". do you agree with this statement ? Justifying your answer with example from the passage

.....(3)

8. Find from the text :

1 : Adjective:

2 : adverb:.....

3 : Gerund:

4 : present perfect with already:.....

5 : Superlative

1: Comparative:

2 : Present continuous:.....

3 : passive:.....

4 : a non - defining relative clause:.....

5 : Present simple passive

6 : A dynamic verb.....

7 : A state verb

8 : a defining relative clause.....

9:- Critical thinking

"Early to bed, early to rise, make you healthy, wealthy and wise "

Think about this statement and write down your point of view.

.....

Arabic meaning :-

1: healthy.....active.....brain.....benefits.....

2 : what happens.....enough sleep.....during.....body.....

3 : brainwave.....eyelids.....heartbeat.....REM.....

4 : immune system.....muscle.....soundly.....deep.....

1 : essential.....part of liferest.....completely.....

2 : busy period.....scientists.....information.....

3 : stored.....reducing.....stress.....keeping

4 : heart.....memory.....identified.....stage.....(4)

5 : fall sleep.....tell muscles.....relax.....beat.....slowly.....

6 : quickly.....breathing.....faster.....dreams.....frequent.....

Match

تمرین صفحه : (7)

- | | |
|---|---------------|
| 1 : We sleep most soundly in | Stage 1 |
| 2 : lasts for the shortest time | Stage 2 |
| 3 : lasts for the longest time | Stage 3 and 4 |
| 4 : when we usually have most of our dreams | Stage 5 |

Speaking (صفحه : 7)

A : What are the advantages of waking up early ?

B :

A : How many hours a day do you sleep ?

B :

A : Do you think it is healthy for you to sleep over this period ?

B :

A : How could you improve your sleeping habits ?

B :

(Writing) : -

Describe a dream , imagine you are arriving at a beautiful destination , what you see :-

.....

A : Do you ever get stressed ?

تمرین صفحه : (8)

B :

A : What kind of things make you feel stressed ?

B :

Zainab : Every time I have exam preparation , I get very stressed and worried . I always wonder whether I will time to study for all the subjects . I know that I will pass all my exams , as usual , but I always aim at getting high grades . Sometimes the stress that I experiences stops me from concentrating on my studies ,

(5)

Mum is very patient ,with me and she know very well the kind of stress that I go through , before every exam , So she helps me to prepare a well-organised revision timetable , and that makes me feel more confident , I also make sure that I get enough sleep . and I go for a walk every afternoon ,which helps me to relax .

Andy : I work in a bank in the city of London , I earn a lot of money and I feel really stressed . I travel to work by train . but it takes three hours every day ,which is very exhausting . to forget all the stress of the day , I go running after work ,jogging is a great form of exercise . I immediately stop feeling so tense and begin to relax .

Waleed : I love my job as a doctor ! It makes me really happy to see how patients improve. And most of them are very grateful to the hospital staff . Sometimes ,though, we have to make difficult decisions about people , which can be very stressful . Stress is something all doctors have to live with .We usually have to work long hours, and sometimes I get upset if a person is very ill . When that happens , I think about all the positive things that have already happened to me that day . and it makes the situation seem a lot better .

1. What is the problem with zainab?.....
2. How did she solve her problem ?.....
3. What does her mother do for her ?.....
- 4 : Where does Andy work ?.....
- 5 : What is the problem with Andy ?.....
- 6 : How did he solve his problem?.....
- 7 : what does the problem with Waleed ?.....(6)

8 : How did he solve his problem?.....

9. what does Waleed work ?.....

10. Quote the sentence which indicates the patients be thank to the doctors who work in the hospital :-

.....

11. Jogging is a great form of exercise"do you agree with statement ? Justifying your answer.....

12. find from the text :

1: Adjective :Future.....relative clause.....

2 : present :gerundinfinitive form.....

3 : opposite : easy : shysad.....active.....

13. critical thinking:

"Anyone have a way to move the stress over them ". write down your point of view

.....

.....

	Zainab	Andy	Waleed
Who is this person ?			
What makes this person stressed ?			
How deal this person with stress ?			(7)

A : Which way of dealing with stress ?

B :

A : How do you relax ?

B :

happy / grateful / worried /
stressed / tense /

great / confident / upset

positive	Negative

Speaking :-

1 : I felt tense when

2 : I felt worried when

3 : I feel happy when I

4 : I feel stressed when I

Writing :-

Write two activities you and your family do together to relax :-

.....

.....

.....

.....

.....

The lung and sleep center

Listening :-

صفحة (10)

A : What is sleep apnea ?

B :

A : How did the center help this patient sleep better at night ?

B :

A : Do you know anyone who suffers from a sleeping disorder ?

B :

A : How do you think The center help them ?

B :

Arabic meaning : -

1 : lacksnoresinsomniadisorders

2 : inabilitymonitoredapnea

1 : I can't sleep because my brothervery loudly .

2 : The doctorthe patient's oxygen levels all night .

3 : Aof oxygen in the lungs can affect your sleep .

4 : Sleep happens when there isn't enough oxygen
going into your lungs .

5 : Sara went to the Centre because of herto sleep

6 : I can't sleep at night and I feel tired all day because of.....(9)

1 : He would involuntary stop breathing during his sleep ,

which

2 : Insomnia is the

3 : The lung and sleep Center helped him deal

4 : Taking enough oxygen in while you sleep is important

because

Complete :-

" Early to bed , early to rise" "

Speaking :

(11) : صفحه

Write advice to these people have these problems :-

1 : " I spend all evening doing my homework, and I can't relax before going to sleep ."

2 : My small children often wake up at night , so I'm always tired

.....

3 : I am old and my wife is ill . I find it hard to talk to people about my problem

How to relax

قطعه صفحه (11)

Husam spends a lot of time on his homework .His parents are worried because they think that he is studying too hard and that he's not getting enough sleep.

(10)

The problem is that Husam finds it hard to relax .Husam needs to stop work at nine o'clock each evening and read in bed so that he can relax.

Salma has two small children ,They are usually awake at night, so she often feels exhausted, She needs to nap at the same time as her children, after lunch ,This is how she can make her life much less tiring .

Laith is old and only , His wife has recently become ill , and he's very sad ,When people try to help him , he doesn't communicate well with them , He needs to talk to someone and share his feelings so that he becomes less stressed .

1: what was the problem of Hassam?.....

2: According to the second paragraph. What was the solution of the problem ?.....

3: What was the solution of Husam's problem?

4:In the third paragraph. what was the solution of the problem ?

5: What was the problem of salma ?.....

6: Quote a sentence which indicates that taking a short time of sleep after a meal is good thing to relax.

7: " I have a big problem with my friends , they always get a way from me , How do you think can I solve my problem?

8. Find from the text :

1 : Adjective : Name Modal : proposition

2 : present continuouslinking word number.....

3 : present simplerelative pronoun.....

4 : gerund :superlative.....infinitive(11)

5 : The second Conditional
6 : opposite : easy young energetic
short time of sleep happy different

9. Critical thinking:

" The nature can make you less stress ". write your point of view in two lines : -

A : If Husam got enough sleep ,

Unit One / Activity Book

A healthy and active brain

1 : This makes feel worried relaxed
2 : These help you move your body heartbeat
3 You like it when we sleep Stress
4 : These cover your eyes muscles
5 : beat of your heart eyelids

Q2: (will have / might want / must be / hasn't woken up / is always working / why don't we meet / has already gone).

Hi Hanan ,

Muma bit stressed because sheunder pressure at work .Your dadto Germany ,right ?

Mumbut she.....to use laptop when she awake.

My email to be short,soon ?

Best wishes ,

Eman

(12)

Q3:(worried /confident /great / grateful /upset / stressed/ happy)

1:she waswhen her best friend went to different school

2 : I'm sofor my sister /she won the competition .

3 :I'm reallyabout my dad , he's very ill .

4 : I felton exam because I had studied very hard

5 : Jogging is way to stop feeling

6 : patients are alwaysto hospital staff

Q4 : - Complete the sentences with your own ideas: (7) : تمرين صفحه

1 : I feel stressed when

2 :helps me to relax .

3 : My friend gets upset when

4 : I'm always grateful when people

5 : make me confident .

Arabic meaning :-

1 : won.....competition.....patients.....hospital staff.....

2 : ill.....jogging.....feeling.....different.....way



Nadia relax

قطعه صفحه (7)

I am studying Civil Engineering at university . I love the course and I've studying hard , but my final exam being tomorrow , and I'm very nervous , When I revise for the exams , I work long hours in the evening , but I think it would be better if I studied more in the morning rather than late at night , Staying .awake at night makes me very tired . To give myself a break from studying , I go for a run in the evening , Doing sport makes me feel much better and less stressed , I also play the piano , which is a great way to relax , it makes me more able to concentrate when I'm studying .

- 1 : How does Nadia feel at the moment ?.....
- 2 : What does she do in the evening when she's revising ?.....
- 3 : What does she do to take a break from studying ?.....
- 4 : What makes her feel better ?.....
- 5 : How else does she relax ?.....

Find in the text :-

- 1 : non-defining relative clause
- 2 : The pronoun under line refer to (me.....which.....)
- 3: Write sentences about Nadia's studying use second conditional

1 :(14)

2 :

3 :

4 :

5 :



Insomnia

قطعه صفحه : (8)

Many people around the world suffer from insomnia . For many , the problem is getting to sleep , others have no difficulty falling asleep , but they then wake up in the early hours cannot get back to sleep . The most common cause of insomnia is stress . other common causes include illness , caffeine intake and noise . insomnia is more common in older people , it is important to treat the causes It is important to treat the causes of insomnia instead of using medicine . If you suffer from insomnia , you need to deal with the issues and anxieties that are making you stressed . You need to establish a set routine , so that you regularly go to bed and get up at the same time ,

(أم قصي)

(15)

Recent research has shown that taking a bath can help you go to sleep. Also ,doing more exercise during the day and having warm milky drunk before bed can help you relax , too .

1 : What is insomnia ?.....

2 : What are the causes of insomnia ?.....

3 : How can insomnia be treated ?.....

4 : What effects does insomnia have ?.....

5 : What does thing help you to sleep ?.....

6 : Where does insomnia is more common ?.....

Complete the sentences with a defining or non-defining relative:

1 : People whosuffer from insomnia .

2 : Besides stress , insomnia can be caused by many factors which
.....

Write sentences suggesting ways to treat insomnia :-

1 : How about

2 : What about

3 : Why don't you

Write about the setting of your dream :-

.....
.....
.....

(مراجعة)

snore inability disorder monitored lack Apnea

1. A of oxygen in the lungs can affect your sleep.
2. I cannot sleep well because my brother loudly.
3. My mum the movement of my brother , he is turbulent.
4. Sleep Happen when there isn't enough oxygen.
5. She is tired because she suffer from..... in sleep
6. He is thinking about her problem so she live in a situation ofto sleep.

(upset / happy / worried / stressed / great / tens
confident / grateful)

1. Amer was..... Because his cat died
2. My brother is..... , he won in competition
3. I'm very , I have exam , its so hard
4. she is About her mum , she is in hospital
5. I'm so to my dad , he helps me .
6. I'm always feel Because I know myself well

(confident , relaxed , nervous , terrified , stressed)

- 1 : We had exam ,so I felt.....in the morning .
- 2 : I was! None of my friends .
- 3 : I wasbecause they said I looked
- 4 : I fell quiteabout my results

Writing :-

Write a diary about what happened yesterday :-

.....
.....
.....

6 : complete the sentence with your own ideas :

1. I feel happy when
2. I feel upset when
3. makes me confident .

4. makes me feel stress.

A : How do you relax?

B :

* What advice would you give to the person's problem?

Give advice:

If I were you , I would (verb 1)

I can't study well for my exam. I find it really hard to study because I'm working in the same time to earn money"

.....

.....

How about +ing ?

Why don't you + verb 1 ?

what is your suggestion about this person's problem? " I can't sleep at night I think I am suffering from insomnia "

.....

.....

1. Critical thinking

"Early to bed, early to rise, make you healthy, wealthy and wise "

Think about this statement and write down your point of view.

.....

.....

1 : Would you mind if I the window? (open)

2 : If I it, nobody would do it. (not , do)

3 : If I were you, I their invitation. (accept)

4 : If I had more time, Ianother language. (learn)

5 : If Ali had his own pen, heto use his dad's pen
(not, need)

- 1 : If I had time, I(go) shopping with you.
2 : If I (be) rich, I would travel around the world.
3 : If I(not/ do) it, nobody would do it.
4 : Lisa would find the milk if she..... (look) in the fridge.
-

- 1 :(decide) to give program since March.
2 : she(give) her last choice for them last week.
3 : The Indians Spices before the Europeans came.(use)
4 : while they(clean) the class, teacher came.
5 : she always(attend) new courses to improve.
6 : Listen! The secretary your name.(type)
-

Use first conditional :-

- 1) My uncle (visit) to Canada / He (see) my aunt
.....

- 2) you (study) hard / You (pass) the exam
.....

Use second conditional :-

- 3) He (pray) / He (be) good person
.....

- 4) Amer (feel) ill / He (go) to doctor
.....

- 5) I (fix) my computer / It (work) perfectly
.....

Unit 1 (Arabic meaning)

- | | |
|-------------------------|---------------------|
| 1 : brainwave..... | 12 : worried..... |
| 2 : eyelids | 13 : stressed..... |
| 3 : heartbeat..... | 14 : tense..... |
| 4 : immune system | 15 : confident..... |
| 5 : muscle..... | 16 : upset..... |
| 6 : REM..... | 17 : lack |
| 7 : soundly | 18 : snores..... |
| 8 : active brain..... | 19: insomnia |
| 9 : healthy..... | 20 :inability..... |
| 10 : grateful..... | 21 : disorders..... |
| 11 : monitored..... | 22 : apnea |

Q2 :- (eyelids / muscles / stress / heartbeat / relaxed)

- 1 : fell worried
- 2 : help to move your body
- 3 : feel when you sleep
- 4 : cover eyes
- 5 : beat of heart

Q3 :- stressed / grateful / confident / worried / happy)

- 1 : patientshospital staff .
- 2 : jogging stop
- 3 : I study hard of exam , so I am
- 4 : my dad ill , I am
- 5 : I won in completion , I fell

Unit 1

Celebrations around the world

Student Book

صفحة (14)

A : have you been to either of Jerash Festival ?

B :

What do you remember ?

B :

Arabic meaning :- (adjective / nouns / verbs)

1 : charm.....cherish.....dazzling.....embellishes.....

2 : floodlit.....herald.....honour.....host.....one-of-a-kind

3 : scorched.....stage.....stroll.....wares.....world-renowned

Same meaning

صفحة (14) :

1 : nothing similar

floodlit

2 : known and admire

stroll

3 : person receives gust

troupe

4 : high respect

honour

5 : group of singers or actors.....

host

6 : walk slowly for enjoyment

world-renewed

7 : bright or light at night

one-of-a-kind

1 : products for sale

cherish

2 : platform or area in theatre

charm

3 : very bright

embellished

4 : something going to happen

scorched

5 : hot

herald

6 : decorated

dazzling

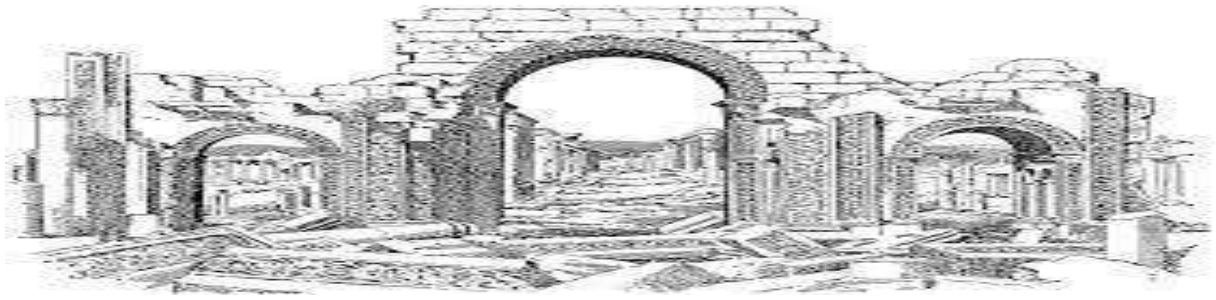
7 : power of delighting

stage

8 : tend lovingly

wares

(21)



Jerash Festival(14): قطعه صفحه

At the end of July every years , Jerash hosts the world- renowned Jerash International Festival . The majestic Stones of the ancient city provide a dramatic setting for performances by some of the greatest stars of the Arab and Western worlds . The festival honours the 2,000-year-old history of Jerash by staging a huge variety of entertainment . You'll see singers , dance troupes , orchestras, theatre and art shows , and of course . plenty of attractions especially for children . As you stroll around the floodlit plazas , you will absorb the atmosphere of the awe-inspiring architecture or simple enjoy a quiet meal and watch skilled craftsmen creating their wares .

- 1 : When does Jerash Festival happen ?.....
- 2 : Describe dramatic setting of Jerash ?.....
- 3 : Who do come to Jerash to stand on stage ?.....
- 4 : What are the actives on stage ?.....
- 5 : What do the skilled craftsmen do?.....
- 6 : what can you do at Jerash Festival ?.....(22).



Hala Festival

If you are into festivals that celebrate the seasons , then this one is for you ! the Hala February , Festival is a dazzling celebration that heralds the arrival of spring in Kuwait . You'll

see the surrounding desert transformed from scorched sands to a green canopy of vibrant flora . The arrival of migratory birds and animals adds extra colour to the charm of Hala February festival . The main attraction is an elaborate procession .

Marching bands play , floats drive past , dancers enchant in embellished costumes , and the crowd-that means you! - cheers with the utmost enthusiasm as they witness this spectacle . You're going to experience the joy and delight of springtime . Book a holiday to Kuwait for Hala February Festival now !

-
- 1 : What does the occasion of Hala Festival ?.....
 - 2 : What effect February moth about Kuwait ?.....
 - 3 : What is the most important event at Festival ?What does it consist of ?.....
 - 4 :The Festival attract different types of people ?What type of person would you recommend each festival to ?.....
 - 5 : What kind of words does the author use to ' advertise ' two festival ?.....
 - 6 : Why do you think festivals are described as one-of-a-kind ?
.....(23)

How do you pronounce these word :-

1 : hosts :

honours :

2 : ancient :

city :

3 : orchestra :

charm :

Imagine you and your family are attending one of the festival ,
What are you going to do ?

.....
.....

دلائل (will) :- (think / believe / I know / I don't know / if)

1 : You are not going to be disappointed !

.....

2 : You are cherishing your memories of truly remarkable event

.....

3 : Book a family holiday you're never forgetting in Jerash .

.....

4 : You are seeing the surrounding desert transformed

.....

5 : You'll experience the joy and delight of springtime .

.....

7 : Join the thousands of people who will spend their holiday at
festival this years

.....

Use present continuous ,the Present Simple ,going to /will :-

1 : A : What time /you go / to the sport center tomorrow ?

B : I'm not sure , I think I(go) at about ten o'clock.

The center(open) at nine o'clock .

2 : A : You / do / anything special this evening ?

B :Yes, it's my brother's birthday and we.....(go out)for meal

3 : A : Have you decided what you / buy / your mother for mother's
day?

B : Yes , I have . I(buy) her some flowers .

4 : A : Look at those black clouds . Do you think / be / a storm ?

B : Yes, I think so . I (close) the doors and windows.

Talk about your future :-use (tomorrow /this weekend/next month /
in the summer /in five years time) :-



Winter Carnival

Gaithersburg Book Festival

Camel Fair

Q2 :-Arabic meaning :

معاني صفحه : (16)

1 : bands competitioncostumes

2 : donations..... fireworks.....floats

3 :ice sculptures.....:procession.....authors

Camel Fair

Winter Carnival

Gaithersburg Book

1:

2:

3:

Q3 :-(Camel fair / Winter Carnival / Gaithersburg Book Festival):-

1 : has processions ?.....

2 : includes special costumes ?.....

3 : Has ice sculptures ?.....

4 : takes place in January ?.....

5 : involves authors ?.....

6 : has participants from all over the world ?.....

7 : ends with a fireworks display ?.....

(25)

Q5:- (fact / Opinion) :- (16) : تمرين صفحه

- 1 : It takes place in January every years . (.....)
- 2 : One of the most interesting . (.....)
- 3 : lasts for seventeen days . (.....)
- 4 : an amazing ice place . (.....)
- 5 : some go to share and sell their books . (.....)
- 6 : This special book festival . (.....)

A : Which festival would you like to visit and why ?

B :

Q6:- Quebec City (Winter carnival) Tour

Today you (arrive) in the historic Quebec City , We
..... (meet) you at the airport and take you to your hotel . We
..... (provide) you with full board , so there will be no need
for you to bring own food . (89)

Our day at the carnival (start) first thing in the morning .
You (be) able to enjoy winter sports ,
Today , it (be) clear and sunny . We (take)
you on a city tour , If you decide to visit Hotel , You (enter)
fantastic of ice and snow .

Q7:- Complete with the correct future of the verbs :-

Khaled : your brother (come) for weekend?

Jabber : yes , he is , He (come) tomorrow !

Khaled : You haven't see him for a long time , right ?

Jabber : That's right ! we (have) so much to talk about , and
the best thing is that we (go) to festival .

Khaled : what time (do) main procession (star)

Jabber : It (star) early .

Khaled : I cant . I'm studying for my exams tomorrow morning .

Jabber : The next day we (participate) in festival .
..... you (be able) to come ?

Khaled : yes , definitely !

(26)

Write about festival :-

.....

.....

.....

.....

Arabic meaning : (18) : تمرین صفحه

- 1 : abundantlycommemoration.....fair.....
- 2 : festivalimported.....legend.....
- 3 : magnificentspectacletake apart.....take place.....

Word meaning :-

- 1 : remember important person in the pastmagnificent
- 2 : old story imported
- 3 : large quantities..... festivals
- 4 : period market Spectacle
- 5 : public show..... Fair
- 6 : celebrations abundantly
- 7 : brought into country legend
- 8 : excellent Commemoration
- 9 : take apart Participate
- 10 : take place happen

Flowers Festival

قطعه صفحه : (18)

People have celebrate festival from the earliest times in history , and many countries love to celebrate nature . Many countries around the world hold flower festival . Most of these celebrate the flower that represents either the whole country , there are parties entertainments , family get - together and a commemoration of traditions and culture .

- 1 : When did people celebrate festival ?.....
- 2 : Why do countries hold flowers festival ?.....
- 3 : What do the flowers represent ?.....(27)



The peony

قطعه صفحه : (18)

In Henan Province in China , people celebrate the Luoyang Peony Festival from 15th to 25 the April every year . The peony symbolizes wealth and nobility in China , but the coloured flower also has a legend attached ! It is said that Empress Wu of the)

Tang Dynasty banished the peony from her city to the city of Luoyang , where it has bloomed abundantly every year since . Certainly . if you go to Luoyang at this time of year ,

you will see millions of peony plants in Luoyang Peony Garden . you can also take part in celebrations such as dance competition and cultural fairs , as well as watch music and drama spectacles .

1 : Where does the Luoyang Peony Festival take place ?.....

2 : When does the Luoyang Peony Festival take place ?.....

3 : What does the Luoyang Peony symbolises ?.....

4 : Who did bring the Luoyang Peony to Luoyang ?.....

5 : When does the Peony grow ?.....

6 : What does the festival include ?.....

7: What does the underline pronoun refer ?.....

(28)



Black iris

قطعه صفحه : (18)

Jordan's national flower is the beautiful black iris , a rare flowering plant that is remarkable because it grows among rocks , It is admired for its unique beauty and strength . it is found mainly in the district of Ajloun , north of Jordan , during February and March . Every years , Jordanians honour their national flower by putting on a day of festivities . There are classic car displays , local craft stalls , dance displays , comedians and entertainment designed for children too . all the money that is raised during the Black Iris Festival is donated too local charities .

1 : What does the national flowers of Jordan ?.....

2 :Where does the black iris grow ?.....

3 : Why does the black iris is admired ?.....

4 : In which district you can see the black iris ?.....

5 : In which season you can see the black iris ?.....

6 : What does the black iris festival include ?.....

: the pronoun underline is refer to(29)



Tulips

قطعه صفحه : (18)

In the 17th century , tulips were imported from the Middle East to the Netherlands . They are one of the most popular ways to 'say it with flowers ' or to send messages of congratulations to loved ones . The Tulip Festival takes place every spring in the North East of Holland, an area that is famous for its colourful tulip fields . People come from all over the world to go on tulip tours , travelling by bike or by bus . A popular activity is watching people dance in traditional wooden shoes that are called clogs . They can also see photographic exhibitions, eat traditional food and, above all visit magnificent tulip gardens .

- 1 : Where did the Netherlands import tulips ?.....
- 2 : Where did the Tulip Festival take place and when ?.....
- 3 : where can you see tulip fields ?.....
- 4 : How did you get on tulip garden ?.....
- 5 : What does the Tulip festival include ?.....
- 6 : What does people wear when they dance ?.....

(30)

Q5 :-(settled /look around /met up /take place /getting/woke up)

1 : Weearly . (19) : تمرين صفحه

2 : The Black Iris Festival was just

3 : The events were beginning to

4 :My father and my brotherwith us later .

5 : My family went to the traditional craft stall.

6 : My familyfor our picnic lunch .

Q6 :- Fill in the gaps with phrases verb :-

1 : A : What time did you this morning ?

B :

2 : A : Do you like to with a book to relax ?

B :

3 : A :What events and celebrationsin summer in Jordan ?

B :

4 : A : Do you often museums ?What have you see ?

B :

5 : A :Where do you like to with your friends at weekend?

B :

5 : A : What time do you normallyon your homework ?

B :

Q7 :-Writing :-

Write about the festival or celebration you have been ?

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Unit One / Activity Book

Celebrations around the world

Arabic meaning :-

تمرین صفحه : (11)

- 1 : World-renowned.....host.....dazzling.....
 2 : one-of-a-kind.....embellished.....troupes.....
 3 : strolls.....floodlit.....cherish.....stroll.....
 4 : charm.....stage.....embellish.....wares.....

Q1 :- Choose the best alternative :-

- 1 : Set off on cruise of your lifetime with.....ferry company
 2 : Choose your own special route to makejourney.
 3 : Come to Jerash circus ,performance .
 4 : The performance including
 5 : There are an atmosphericstage .
 6 : In holiday , you willyour memories .
 7 : You canalong seafront and relax .
 8 : Enjoy theof this city .
 9 : We'lla concert with talented singer
 10 : Art student will sell their skillfully created

Q2:-Correct the future simple

تمرین صفحه : (11)

Amina : What do you do tomorrow ? Are you busy ?

Khawla : I am not going to do much tomorrow .

Amina : Gates are opening at 6 pm, the display is going to start at 6.30 pm .

Khawla : Great ! will we all meet at your house ?

Amina : The fireworks are finishing at 9 pm .

Q3 :- (will / won't / be going to / be not going to)

Hi Natasha ,

تمرین صفحه : (11)

Are you going to come to " school leavers " part ? itnext week

.I hop so ! Ibe glad to see you .Wehave to wear the school uniform !

(32)

I.....wear my new Eid clothes because I think they're too formal .Whatyou wear ?
Wehave to pay for our food .
Love,
Sara

Q4 :-(firework / completions / donation / band / procession)

تمرین صفحه (12)

- 1 : The festival will include aof elephant and camel.
- 2 : At the procession , ais going to play music .
- 3 : The festival will open its doors tofor the poor .
- 4 : There will be plenty of fun
- 5 : The festival will end with a display of.....

Q5 :- Circle the correct alternative :-

تمرین صفحه (12)

Ahmad : Whatthis Monday ?

Is your brother doing / will your brother do

Jamal : He goes swimming on Monday ,but hethis Monday .

Isn't going / doesn't go

Muna :play tennis with Rana now ,Mum

I'm going to / I will

Mum : Whenyour homework ?

Do you finish / are you going to finish

Muna :it when get back .

I'll do / I do

Sami :with us to the theatre today ?

Is Ashraf coming / Does Ashraf come

Salah : I don't knowhim now .

I'll call / I call

Sami : Quick ! The play in two hours .

Start / is going to start

Q6 :-Use the future form :-

تمرین صفحه (12)

1 : What / do if it rains tomorrow .(will)

.....? (33)

.....
2 : What . not do / in the holiday (going to)
.....?

.....
3 : What time / get up / on Saturday .(going to)
.....?

.....
4 : What job / have / in ten years' time .(will)
.....?

.....
5 : What / do / on Friday (present continuous)
.....?

.....
7 : When / the summer term / start / at your school (present simple)
.....?

.....
Q7:- Complete with future forms : تمرين صفحه : (12)

Use future forms : present simple / present continuous / going to / will)

1 : Tomorrow is a holiday . My day at 7.30 in the morning

2 : I to the park with my friend .

3 : We volleyball .

4 : We lunch at the restaurant .

5 : We not there all day .

6 : because we school the following day .

7 : We so much fun !

My favourite time of year ! قطعه صفحه : (13)

Eid al - Adha is a celebration that begins on the 10th of Thu al-Hijjah , according to the Islamic calendar . Muslims celebrate this event for four days . They wear their best clothes for Eid prayer and then greet one another after prayer is over . Fatima visit each other , and children receive gifts .
(34)

Family members usually gather together for a celebration of delicious Jordanian foods , such as the special dish called mansaf .This years , I am spending Eid al - Adha with the whole family at Aqaba . We are going to visit Aqaba Museum and Aqaba Castle. All the family members of all ages will join in . What's most important about Eid al-Adha is its spiritual significance . Muslims slaughter lambs and give them to the poor and to relatives as an act of kindness . Eid al-Adha is a time when people remember the importance of sacrifice , prayer and obedience to Allah.

Ahmad

-
- 1 :When does Eid al- Adha begin according to the Islamic calendar ?.....
 - 2 : How many days last Eid al-Adha ?.....
 - 3 : What do Muslims wear in this occasion ? Why ?.....
 - 4 : What do Muslims do after pray ?.....
 - 5 : What does the national meal in Jordan ?.....
 - 6 : What does the most important about this occasion ?.....
 - 7 : What does Muslims slaughter ?.....
 - 8 Whose do Muslims give meat ?.....

Q9 :- Answer the question :-

- 9 : Suggest a reason for wearing your best clothes for Eid?.....
- 10 : What does Ahmad think is most important In Eid al-Adha ? do you agree ? Why ? Why not ?.....
.....
- 11 : What other acts of kindness might you do during Eid al-Adha ?.....
- 12 : What do you think is the best way to remember the important of sacrifice ?.....
- 13 : When will Eid al-Adha be celebrated this year ?.....
- 14 : How are you going to spend Eid this year ?.....(35)

Find in the text :-

- 1 : relative pronoun.....propositionnumber.....
- 2 : countablelinking wordsuperlative
- 3 : adjective.....personal nounfrequency
- 4 : present continuousname of citysimple future
- 5 : The pronoun under line refer to

Q 10 :- Answer the question about you :- (13) : تمرين صفحه

A : Where are you and your family going this summer ?

B :

A : What will you do there ?

B :

A : Where are you going to stay ?

B :

A : How long will you stay there ?

B :

Q 11 : -Writing

تمرين صفحه : (14)

Write about festival or celebration :-

A : Where is festival held ? indoor or outdoors ? How long last?

B :

A : What happen during the festival ?

B :

A : What will tourist see if they come to festival ?

B :

A : Do people dress formally or special costumes ?

B :

Write tourist brochure :-

.....
.....
.....
.....
.....(36)

Unit 1 (Arabic meaning)

- | | |
|------------------------|-------------------------|
| 1 : charm..... | 12 : stroll |
| 2 : abundantly..... | 13 : troupe |
| 3 : commemoration..... | 14 : imported..... |
| 4 : embellished | 15 : legend..... |
| 5 : floodlit | 16 : spectacle |
| 6 : herald..... | 17 : competitions |
| 7 : honour | 18 : costumes |
| 8 : host..... | 19: insomnia |
| 9 : fair | 20 : magnificent..... |
| 10 : scorched..... | 21 : celebrations |
| 11 : stage | 22 : floats |

Q2 :- (dazzling / troupes / one of a kind / world-renowned / cherish)

- 1 : set off with Ferry company .
- 2 : make journey .
- 3 : in Jerash circusperformance .
- 4 : incredible dancers and performers .
- 5 : you will Your memories .

Q3 :- (fireworks / procession / donations / band / wars)

- 1 :In festivalelephant .
- 2 :..... is going to play music .
- 3 : festival collect For poor .
- 4 : festival end with display of
- 5 : The student sell